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RESOURCE LIST

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Employment Services



Organization	Location	Website	Contact	Description
Aboriginal Futures Career and Training Centre - Calgary	Calgary	www.aboriginalfutures.com/employment	1.403.253.5311 reception@aboriginalfutures.com	AFT & TC works in partnership with other service delivery agencies, educational institutions and employers to create training and employment opportunities for indigenous clients. If you are an Indigenous individual, call and make an appointment with one of our career development practitioners. Our services are free.
Alberta Community and Social Services - Calgary and area Employment Bulletin	Calgary	www.alberta.ca/employment-services.aspx	Can subscribe to bulletin: www.alberta.ca/calgary-employment-bulletin.aspx	Explore no-cost career and employment workshops, events and programs.
Alberta Supports - Community and Social Services	Calgary	www.alberta.ca/alberta-supports.aspx	css.ds-calgary@gov.ab.ca	Alberta Supports can help you access more than 30 programs and 120 services for seniors, people with disabilities, job seekers, parents and families, homelessness, financial assistance, abuse, and family violence prevention.
Autism Society Alberta	Calgary	www.autismalberta.ca	1.877.777.7192 info@autismalberta.ca lyndon@autismcalgary.com	Provides services that puts the individual at the center of an integrated service delivery model that recognizes unique circumstances, experiences and strengths of individuals, families and communities. Assists with employment and opportunities for Albertans with disabilities, to help them reach their individual potential. These services are available virtually province-wide.
Ballad Consulting Group	Calgary	www.balladgroup.ca/training-services	1.855.295.7180 (Calgary) Calgary (Supply Chain) yycfscm@balladgroup.ca Calgary (Insurance) yycpic@balladgroup.ca	Ballad's training programs have built capacity in diverse areas including entrepreneurship, insurance, information and computer technology, construction, French language acquisition, hospitality, & supply chain management.



Organization	Location	Website	Contact	Description
Bow Valley College	Calgary	www.mycareerconnection.ca	1.403.410.1400 mycareerconnection@bowvalleycollege.ca	This workshop discusses job search essentials. We will review the resources, actions and tools you can harness to land a job and grow your career. Offered virtually in Airdrie, Banff, Calgary, Canmore, Chestermere, Cochrane, High River, Okotoks, & Strathmore.
Calgary Alternative Support Services (CASS)	Calgary	www.c-a-s-s.org/our-programs/calgary-alternative-employment-services	1.403.283.0611 caes.intake@c-a-s-s.org	Calgary Alternative Employment Services (CAES) assists job-seekers to overcome barriers, understand workplace culture and fill the personnel needs of inclusive employers in Calgary. CAES works with each client to identify their ideal work setting and employment support needs. Job interviews and employment placement are facilitated in accordance with the client's goals. We then provide ongoing follow-up support to both the client and the employer in order to strengthen their skills and working relationship as well as ensure job satisfaction and retention.
Calgary Career Hub	Calgary	www.calgarycareerhub.com/program-overview	1.403.201.4122 info@calgarycareerhub.com	<p>Calgary Career Hub is for unemployed and underemployed Calgary residents that are actively looking for a job. We also support employed people that would like to change careers. We can help you to identify your transferable skills and build an updated resume. The support you access at Calgary Career Hub depends on your career situation. It might include:</p> <p>One-to-one coaching: refine your career goals and learn how to sell your skills and experience to hiring employers. Online workshops: get the practical knowledge and the job search skills you need to find work. Virtual Resource Room: access a range of invaluable resources that will help you with your job search, available at a time that suits your needs</p>



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Calgary Catholic Immigration Society	Calgary	www.ccisab.ca/services/services-for-professionals-job-seekers.html	1.403.262.2006 contact@ccisab.ca	CCIS offers services in Calgary, Brooks, High River, Okotoks, Strathmore, Clareshol, Hanna, Cochrane, Airdrie, Chestermere, Taber, Drumheller, & Medicine Hat. CCIS provides a wide range of employment support programs and services to all immigrants and refugees in Southern Alberta. Programs and services include the Career Bridge Workshop, Employment and Career Counselling, Employment Communication Workshop, Pre-Apprenticeship Plumbing Training Program, Information & Technology Bridging Program, Mentorship for Integration, Pathways to Employment, New Career Directions for Newcomer Professionals.
Calgary Drop-In Centre	Calgary	https://calgarydropin.ca	1.403.263.5707 community@thedi.ca	The Calgary Drop-In Centre (the DI) is more than an emergency shelter. We provide essential care as well as health services, employment training, and housing supports to people who need help. Our programs and services connect people to permanent housing that meets their individual needs.
Calgary Immigrant Women's Association (CIWA)	Calgary	www.ciwa-online.com/employment-services	1.403.263.4414 reception@ciwa-online.com careerservices@ciwa-online.com	Employment Services offers a suite of bridge to work programs serving newcomers with low-skills, mid-skills as well as professionals. These programs prepare immigrant women to secure employment in: childcare, retail, food service (fast food and cook positions), security, customer service, administration, accounting, interpretation and translation, and much more. Participants build occupational skills, essential skills, and learn about Canadian workplace culture and the labour market. Participants develop job search and networking skills.

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Calgary John Howard Society	Calgary	www.cjhs.ca/our-programs/adult-programs/employment-and-education	1.403.266.4566 info@cjhs.ca	The Calgary John Howard Society (CJHS) provides a variety of employment and education programs for adults who are making positive changes and moving away from criminal behaviour. Our staff provide support services based on clients' individual needs so they can positively reintegrate into society. Meaningful employment and education are two of the most successful ways for an individual to move out of poverty and avoid becoming involved or re-involved in criminal activity. With education, job prospects and skills for living in mainstream society, it is much less likely an individual will reoffend. This ultimately creates safer communities by giving adults the tools to be responsible, contributing members.
Calgary Public Library (Job Desk)	Calgary	www.calgarylibrary.ca/events-and-programs/programs/job-desk	1.403.260.2600 libraryhotline@calgarylibrary.ca	Meet with a trained career coach who can help with job searching, resume and cover letter development, interview skills, and more. Drop in on the day on a first-come, first-served basis. Meetings are typically 25 minutes.
Calgary Region Immigrant Employment Council (CRIEC)	Calgary	www.criec.ca/criecs-work/newcomer-professional/im-already-in-calgary	1.587.894.7583 mentorship@criec.ca	The Calgary Region Immigrant Employment Council (CRIEC) is a small, robust not-for-profit organization that seeks to effectively and efficiently connect newcomer professionals with strategies designed to lead to successful employment outcomes. We will assist you in areas that include: Reviewing your communication skills, education, experience and job readiness Analyzing and discussing your individual career path plan, goals and aspirations, and helping you identify strengths and gaps Assessing appropriate initial strategies based on the above review and analysis

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Career Assistance Network	Red Deer	www.rdcan.ca	1.403.341.7811	<p>Services are offered in a one-to-one individualized, personal approach. Employment services focus on supporting individuals to build employment readiness skills, receive job search support, access funding for short-term courses (e.g.: safety tickets, complete job placements and receive job maintenance support). Locations include Drayton Valley, Olds, Rocky Mountain House, Lacombe, Ponoka, Innisfail, Rimbey, Sylvan Lake, Eckville, Sundre, Didsbury, Bentley, & Alix.</p> <p>In addition, Workplace Essential Skills Training (WEST) is offered to individuals with barriers to employment in the Red Deer area to support them to successfully attach to the labour market. Services include: Essential Skills Trainin; Employment Skills Training; Exposure Courses; Employment Supports; Paid Work Exposure; and Work/Maintenance Support. Locations include Lacombe, Ponoka, Innisfail, Sylvan Lake, Red Deer, Rimbey, Rocky Mountain House, Olds, Caroline, Sundre, & Blackfalds.</p>
Careers In Transition	Online	www.citinc.ca/programs-services	1.780.496.9228	<p>Address, Adapt, & Excel is offered province-wide & features adaptive skill training, and provides attendees with tools that help them to adapt to the current labour market given their personal circumstances. You will apply learned skills in real life scenarios and expect to gain understanding in why you do the things you do in work and personal situations, as well as changing your thought process. You will build adaptability and set realistic goals to overcome your fears through experimental mindset.</p>

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Careers: The Next Generation Foundation	Calgary	www.careersnextgen.ca/get-an-internship	1.888.757.7172 Can send message to Careers online: www.careersnextgen.ca/contact/	CAREERS is a unique, industry-led public/private not-for-profit foundation established in 1997, which works with high school students & youth. It brings together industry, schools, government, and communities to guide youth into successful career paths. Together with our school partners we are motivating students by making the workplace an extension of the classroom, preparing them for a future where they are in-demand!
Centre for Newcomers (CFN)	Calgary	www.centrefornewcomers.ca/careers	1.403.569.3325 cdjs@centrefornewcomers.ca	Centre for Newcomers offers several career programs and services to immigrants and refugees. These include Job Search Workshops, Help with EI Applications, Job Search Centre, Return to Work in Alberta, Employers & Jobs, Food Service Workers, Job Fairs, Introduction to Canadian Logistics Microcredential, & Employment Services for Ukrainians.
Chartered Professional Accountants of Alberta (CPA Alberta)	Calgary	www.cpaalberta.ca/Services/Career-Centre	1.403.299.1300 careerservices@cpaalberta.ca	CPA Alberta's career services are designed to support CPAs and CPA PEP candidates in every step of their career journeys. Whether you're looking for your next career opportunity, are new to the province, or want to enhance your networking skills, we have valuable resources to help you develop your career.
Columbia College (Training Centre)	Calgary	www.columbia.ca/programs-courses/pre-career-programs/community-support-services-department-2	1.403.235.9300 (Ext. 9352) columbia@columbia.ca	Employment Directions focuses on diversity and inclusion for Albertans with disabilities in the Calgary Area. Albertans with disabilities will receive help in career preparation and support to gain employment. Participants will receive guidance and help to make a successful career, employment or educational transition and can also connect with employers for meaningful employment opportunities.

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Directions for Immigrants in Trades and Professional Careers	Calgary	www.directionsforimmigrants.ca/services	1.403.770.5155 directions@bowvalleycollege.ca	Directions for Immigrants is a no cost career service centre that helps internationally educated professionals secure professional employment and gain accreditation. We work with professionals in any occupation in any industry. Service is provided to individuals in Airdrie, Calgary, Chestermere, Cochrane, High River, Okotoks, & Strathmore.
Eco Canada	Calgary	www.eco.ca/environmental-professionals-employment-funding-and-job-board	1.403.233.0748 training@eco.ca pathways@eco.ca jobs@eco.ca	<p>Since 1997, we have been helping environmental practitioners acquire meaningful careers. A career working to support environmental best practices along with organizational growth is already commonplace and will continue to increase.</p> <p>We provide effective programs that can help you find career success:</p> <ul style="list-style-type: none"> • Ease the transition to a new career or industry • Get in front of employers who are hiring • Gain a competitive advantage when applying for new jobs • Hands-on learning that is rooted in professional development • Increase connections with environmental leaders across industries
Foothills Community Immigrant Services (Okotoks)	Okotoks	www.ccisab.ca/okotoks.html	nrisdon@ccisab.ca 1.403.978.1412 (Nancy Risdon) ggati@ccisab.ca 403.919.7650 (Gabriela Gati)	Foothills Community Immigrant Services (FCIS) provides Settlement Services, Workshops & Group Sessions, School Support, Youth Programs, Volunteer Services, & serves for Temporary Foreign Workers.
Banff & Canmore Job Resource Centres	Banff + Canmore	www.jobresourcecentre.com	1.403.760.3311 banff@jobresourcecentre.com (Banff) 1.403.678.6601 canmore@jobresourcecentre.com (Canmore)	The Jobs Resource Centre offers one-on-one job search support, resume & cover letter writing assistance, interview practice & feedback, as well as job-search webinars.

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Higher Landing	Calgary	www.higherlanding.com	1.888.973.6040 info@higherlanding.com	Higher Landing offers professionals a new way to navigate a changing economy and build purpose-driven careers aligned with their values. Our life-changing online career programs take you through a powerful, revealing self-discovery process that helps you to identify your strengths, values, passions and purpose. Programs include the Canadian Clean Energy Shuttle Program (CCES), Shuttle for Calgary Foreign Professionals (SCFP), Shuttle for Alberta Professionals (SAP), Alberta Women Rising Program, and Job Skills That Pay The Bills.
Immigrant Services Calgary (ISC)	Calgary	www.imigrantservicescalgary.ca/our-services/career-employment-support	1.403.265.1120 employment@immigrantservicescalgary.ca	We are committed to helping immigrants and refugees find work to support themselves and their families. Immigrant Services Calgary provides programs that can help you find employment, offering employment skills training, job search support, and connections to potential employers. Individual sessions and workshops are available in English and other languages upon request. Many of our services are available online and in person, allowing you flexibility and safety.
Junior Achievement (JA) Southern Alberta	Calgary	www.jasab.ca/programs/our-programs.html	1.403.237.5252 info@jasouthalberta.org	Junior Achievement is the link between education and the business world, giving youth the confidence and knowledge they need to define personal success, enhance their workforce readiness and pursue their dreams and aspirations. Programs, offered to youth in grade school, include More Than Money, A Business of Our Own, Our Business World, Dollars With Sense, Personal Finance, Investment Strategies, Economics for Success, Be Entrepreneurial, & Indigenous Business Program.

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Lifemark Health Group	Airdrie + Calgary	www.lifemark.ca/supply-chain	1.403.219.5788 supplychain@lifemark.ca	The exciting and expansive supply chain sector is growing, and is in need of workers with the right skills. Lifemark, with funding from the Government of Alberta and Government of Canada, is offering the Supply Chain Training and Employment Program to eligible Albertans at no cost to help you join this workforce.
Make a Change Canada	Calgary	www.makeachangecanada.com/online-programs	1.888.927.7473 Can send message to Make a Change Canada online: www.makeachangecanada.com/contact	Make A Change Canada provides flexible and supportive online learning opportunities for Canadians facing barriers to employment. Our virtual classrooms feature everything required for effective learning. From webinars and tutorials, to training modules, videos, and coaching sessions, our experienced service team is here to guide you toward a meaningful and empowered career change. Programs include Employment and Self-Employment Assistance & Web Design Training.
Making Changes Association	Calgary	www.makingchangesassociation.ca/programs	1.403.262.5776 Employment & Life Skills employmentlifeskills@makingchangesassociation.ca Women in Technology wit@makingchangesassociation.ca	Making Changes is a community of women helping women and their families through life transition by providing them with the skills and resources to support their pursuit of meaningful work and educational opportunities. Programs offered by Making Changes include the Employment & Life Skills Program & Women in Technology Program.

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Manpower	Calgary	www.manpowerab.com/development	1.877.577.5327 calgary.ab@manpower.com	Our workforce development programs provide job placement services for those who are having difficulty entering the workforce. We support and train unemployed individuals in Alberta, from entry-level skills to professionals, who are ready and motivated for finding full-time employment as quickly as possible. We provide a supportive, friendly environment where you can conduct your job search and reach your employment goals. Clients are from diverse groups including, but not limited to, the following: suitable for entry-level jobs, professional or highly skilled positions requiring degrees and other credentials, immigrants, youth, older workers and aboriginal people.
MCG Careers	Calgary + Okotoks	www.mcgcareers.com/calgary-programs	Calgary Career & Employment Centre 1.403.668.5445 ccec@mcgcareers.com Calgary (Downtown) 1.403.777.5627 mcg@mcgcareers.com Okotoks 1.403.995.4377 okotoks@mcgcareers.com 1.403.601.2660 lbrown@mcgcareers.com (Experience Counts High River) 1.403.601.2660 highriver@mcgcareers.com (High River Career & Employment Centre)	MCG Careers provides Career and Employment Services to Albertans across the province. This includes things such as: Career and Employment Coaching; Essential Skills Training and Development; Support with Writing Resumes and Cover Letters; Job Search Support; Job Placements; Occupation Specific Training; Career Exploration and Employability Skills Workshops; Career and Personality Assessments; Access to Computers, Printers and Photocopiers at our Career and Employment Centres Job Boards and Job Fairs; Referrals to Local Community Service Providers; Training for Older Workers and Youth To learn more about specific programs in your area visit our website: https://www.mcgcareers.com/jobs/

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Millican-Ogden Community Association (MOCA) (South East Calgary Community Resource Centre)	Calgary	www.secalgarycrc.ca/home/programs-services	1.403.279.3973 contactus@secalgarycrc.ca	Amongs the many programs & services provided by the South East Calgary Community Resource Centre is Career and Employment Supports. The Resource Centre assists with creating resumes, cover letters, references, job searches, career assessment tools, and referrals to other training and resources.
Academic Express: Adult Education & Training	Red Deer	www.academicexpress.ca/programs/new-futures	1.403.340.1930 academicexpressrd@gmail.com	New Futures Career Transition Services is a career transition program that provides career development workshops to unemployed and underemployed Albertans living in small towns and rural Alberta (i.e., Camrose, Caroline, Didsbury, Drayton Valley, Drumheller, Fox Creek, Innisfail, Lacombe, Olds, Provost, Rocky Mountain House, Stettler, Sunde, Three Hills, Castor, Beaver County). Academic Express partners with Community Adult Learning Centres to deliver training using a multi-site, distant delivery format. Training includes one week of workshops followed by a second week of one-on-one customized assistance, as per student need.
MH Enterprises	Drumheller	www.drumhellerjobs.com/services-programs	1.403.823.6934 info@drumhellerjobs.com (Main Office)	Employment Services provides high-impact, high-intensity employment supports to individuals 18 years and up who self-declare, or have a confirmed diagnosis from a medical professional, as a person with a disability. Program services will occur in a one-on-one format, where individuals with disabilities will be directly assisted by project staff to access employment services, pursue training, and secure and maintain employment. This service is available in Drumheller, Three Hills, Stettler, & Trochu.

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Inclusion Foothills	High River	www.inclusionfoothills.org/programs/	1.403.603.3232 mail@inclusionfoothills.org	<p>The Work-Life Balance: Pathway to Mental Wellness & Inclusive Employment offers customized and supportive sessions, to individuals in Claresholm, High River, Nanton, Okotoks, Turner Valley, & Vulcan, using a combined curriculum of career development and job search information, alongside the provision of mental health and wellness supports. Participants will learn about job search and connecting to jobs, and will be provided mental health and job search resilience specific supports.</p> <p>Youth Engaging Workplaces (YEW), offered in Claresholm, High River, Okotoks, Nanton, & Vulcan, provides youth with disabilities up to 12 weeks of Career and Employment Information Services (CEIS), job search support, work and volunteer experience, job development support, and job placement support.</p>
Prospect Human Services	Calgary + Area	www.prospectnow.ca/services/employment-services	1.877.483.2562 info@prospectnow.ca	<p>Prospect helps job seekers with everything from resources to skill upgrading to support finding a job. We currently offer these programs to help Albertans fulfill their employment potential. Programs include ArtRecruits, Career Links, Digital Literact Volunteer Program, Entrepreneurs with Disabilities, Prospect Employment Services, SkillGain, Skills for Success (Strathmore), WorkWise, Youth Employment Services, & Youth with Disabilities.</p> <p>Rocky View and Wheatland Employment Services are offered to Airdrie, Beiseker, Chestermere, Cochrane, Corssfield, & Strathmore through Prospect Human Services Society.</p>

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RIEL Institute for Education and Learning	Calgary	www.rielinstitute.com/programs	1.403.248.0824 program@rielinstitute.com wendy@rielinstitute.com (Executive Director)	Through respect, commitment and collaborations with the Aboriginal community we have created effective and efficient programs. Our programs that are delivered in a relevant, supportive and culturally sensitive manner have proven to be very successful. As we progress and build on good practices we continue to offer appropriate, current, and relevant programs through continued evaluation of program curriculum, procedures, priorities, direction and feedback received from; instructors, practicum hosts, students, RIEL Institute board members, Steering committee members and committee members at large.
Spectrum Advantage	Calgary	https://thespectrumadvantage.com	1.825.994.5358 shakeyra@autismcalgary.com (Communications Engagement Specialist)	Through our association with Ready, Willing & Able (RWA), Spectrum Advantage is please to provide Post-Secondary supports to students on the autism spectrum. Supports include Academic Strategy Sessions, Coaching Supports, Advocacy for Accomodations, & Organizational Tools.
The Association of Science and Engineeringing Technology Professionals of Alberta	Alberta	https://careers.aset.ab.ca	1.780.425.0626 asetadmin@aset.ab.ca	ASET has developed an online job board for members and employers called the ASET Career Centre. Exclusive to ASET members, members can browse current job postings, and upload their profile and resume for free. In addition, the Career Development Section includes Career Resources, the Career Information Hub, & the CPD Activity Connector.

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The Calgary Bridge Foundation for Youth	Calgary	www.cbfy.ca/programs/youth-employment-support-yes-program	1.403.230.7745 yes@cbfy.ca	The YES Program is a youth employment program provided by The Calgary Bridge Foundation for Youth (CBFY) in conjunction with Service Canada to provide Immigrant, Refugees, visible minorities, Indigenous, disabled, and low-income youth, ages 18-29, to gain the information, skills, and experience necessary to navigate through the labour market and to successfully transition into sustained employment.
The City of Calgary Youth Employment Centre (YEC)	Calgary	www.calgary.ca/social-services/youth/services	1.403.268.2490 joleen.teske@calgary.ca (Community Relations Liaison)	In collaboration with local and national businesses and various youth service agencies, The YEC provides youth with free career development opportunities and employment services including: Employment Counsellor Support; Resume and Cover Letter Targeting; Job Searching Strategies; Interview Preparation; Industry Training Options; Networking Opportunities; Employment Opportunities/Job Postings; Employer Hiring Events; Annual Youth Hiring Fair; Employment Workshops; Informational Interviews/Job Shadowing Opportunities; Work Experience Programs
The Immigrant Education Society (TIES)	Calgary	https://www.immigrant-education.ca/find-a-service/build-employment-skills	1.403.235.3666 reception@immigrant-education.ca	Our employment programs are built to help job seekers develop the fundamental skills needed to enter the Canada job market and keep up in an ever-changing economy.
The Mustard Seed	Calgary	www.theseed.ca/services/employment-centre	1.833.448.4673 employmentcentre@theseed.ca	The Mustard Seed Employment Program provides support to those currently experiencing barriers to employment due to poverty and homelessness. Our goal is to help individuals find and maintain sustainable employment with a program that consists of three streams. The Employment Program helps individuals identify barriers that hold them back from work & provides continuous & tailored support until individuals get a job & then supplements that support with follow-up.

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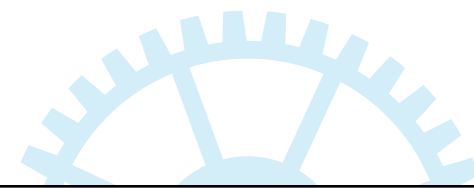
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Trellis Society		www.growwithtrellis.ca/youth-programs/education-employment-support	1.403.219.3477 employmentservices@growwithtrellis.ca	The Employment Team provides free employment support for individuals ages 12+; Available online and in person. Employment Services offer a wide variety of supports including: One-on-One Case Management (Employment Staff specialize in supporting newcomers to Canada, youth with experience with Child Intervention Services, and youth involved in the justice system); Workshops that focus on a variety of topics such as Resume, Cover Letter, Job Search, Interview Prep, Employment Skills; Paid Work Experiences and Volunteer Opportunities.
Women in Need Society	Calgary	www.winsyyc.ca/retail-ready-by-wins www.winsyyc.ca/warehouse-ready-by-wins	1.403.255.5102 Retail Ready retailready@winsyyc.ca Warehouse Ready warehouseready@winsyyc.ca	Retail Ready by WINS enables individuals to gain access to a holistic training program which fosters a positive and accepting environment to all those participating. Not only will individuals gain access to skills and knowledge tailored to the retail industry, they will also gain the confidence to get back out into the professional job market. The program focuses on teaching individuals self-sufficiency, can help shape workplace and individual values and build skills focused on retail ready competencies. Warehouse Ready by WINS helps people to build their confidence to enable suitable and stable employment, securing the path to self-sufficiency. This program offers 6 weeks of instruction and work experience.
YMCA Calgary	Calgary	www.ymcacalgary.org/youth-programs	paige.wilford@calgary.ymca.ca YMAP	The YMCA Achievement Program (YMAP) is a free program for more than 320 high school youth and young adults each year who are new to Canada. These youth are refugees, immigrants, international students and second-generation Canadians from more than 50 different countries. YMAP youth develop in all areas essential to a positive and healthy integration into Canada while maintaining and celebrating their cultures of origin. They also learn about resume writing and job preparation, financial literacy, health and wellness, and life in Calgary.



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YWCA Calgary	Calgary	www.ywcalgary.ca/weprosper	1.403.263.1550 weprosper@ywcalgary.ca	<p>YW Calgary is committed to supporting women's economic prosperity in our city. When women are financially empowered, they are better equipped to exercise control over their lives, improve financial security for themselves and their families, and participate more equitably in the workforce.</p> <p>Our Women's Economic Prosperity programs provide women with the tools, knowledge and support to overcome economic disadvantages.</p>
Accredited Supports to the Community	Olds, Strathmore, + Airdrie	www.asc-mva.ab.ca	1.403.556.4110 (Olds Office) 1.403.901.1951 (Strathmore Office) 1.403.863.2690 (Airdrie Office) main@asc-mva.ab.ca	<p>Accredited Supports to the Community is a not-for-profit society. Careers for Everyone provides employment services for people with disabilities to gain & maintain employment.</p>
Vecova	Calgary	www.vecova.ca/programs/employment	info@vecova.ca 1.403.284.1121	<p>Vecova offers a variety of services for job-seekers with barriers to employment, including assessment, career exploration, planning and counselling, job search design & job skills training, learning & essential skills acquisition, work experience & placement, mentoring & on-the-job & retention support, as well as workplace integration.</p>

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Financial Services



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Momentum	Calgary	www.momentum.org/programs www.courses.momentum.org	1.403.272.9323 welcome@momentum.org	We support Calgarians living with financial barriers through low cost and no cost programming. Start a business, learn to manage and save your money, or build skills towards a better job. Our programs & courses will start you on your journey. Additionally, services like Money Management are offered virtually province-wide.
Money Mentors	Calgary	www.moneymentors.ca/financial-education	1.888.294.0076 (Choose option #1) csrmail@moneymentors.ca	Money Mentors' free financial education classes give you the tools to get out of debt, save money and become financially stable. Course topics include budgeting, credit/debt, saving, planning for retirement and more. Take an online course, join us for a live webinar or book a group seminar for your workplace or community organization.
Aspire Calgary	Calgary	www.aspirecalgary.org	www.aspirecalgary.org/contact/	Financial information, education and coaching play a key role in building the financial capability of individuals living on a low income. People in financial trouble need individualized help to deal with the complex barriers and complicated financial situations that keep them from financial stability.
ABC Money Matters	Calgary	www.abcmoneymatters.ca	1.416.218.0010 gdonaldson@abclifeliteracy.ca (Greer Donaldson, Western & Northern Canada)	Money Matters reduces anxiety and increases your confidence in managing your money. It offers a free introductory financial literacy program for adult learners.
The Dollar Detectives	Calgary	www.thedollardetectives.com	1.403.668.7536 service@thedollardetectives.com	The Dollar Detectives is an innovative, youth-focused, not-for-profit social enterprise. Our primary vision is to deliver fun experience based financial life lessons which enhance youth's financial confidence, leadership and sense of self-determination.

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Organization	Location	Website	Contact	Description
Credit Counselling Society	Calgary	www.nomoredebts.org/financial-education	1.888.527.8999 (Financial Educator) 1.403.263.9905 (Calgary)	Credit Counselling Society provides educational opportunities for everyone through in person workshops, webinars, and online courses; for employees through our MoneySmart Living lunch and learns; for students through post-secondary presentations; for the community at large through free workshops at your local public library; and through Financial First Aid courses which help community service providers identify the need for financial help within their communities.
Chartered Professional Accountants Canada	NA	www.cpaalberta.ca/Services/Online-Resource-Centre/Financial-Literacy	1.800.268.3793 financialliteracy@cpacanada.ca	CPA Canada offers endless podcasts related to the topic of Financial Literacy, including Mastering Money, Tough Talks About Money, Women And Money, You And Your Debt. In addition, CPA Canada offers Financial Literacy Programs to adults, seniors, New Canadians, School (Elementary & High School), Post-Secondary, Small & Medium Business, Entrepreneurs, Not-for-profits, Low to Moderate Income Canadians, & Women. CPA Canada also provides Financial Literacy Publications, Money Management Worksheets, & Financial Literacy Resources for Small & Medium Businesses.



Organization	Location	Website	Contact	Description
Calgary Housing Company	Calgary	www.calgaryhousingcompany.org	1.587.390.1200 chccustomerservice@calgary.ca	<p>Access to safe, affordable housing is critically important to families, individuals and our entire community.</p> <p>Calgary Housing Company (CHC) administers rental and rent supplement programs on behalf of The City of Calgary and the Province of Alberta. CHC manages housing for almost 10,000 households – about 25,000 Calgarians, including 10,000 children, live in a CHC-managed property.</p> <p>Housing assistance is available based on a variety of factors in different programs. These programs are designed to serve those looking for housing from near-market rate rentals to deep subsidy programs.</p>
Affordable Housing Options	Alberta	www.alberta.ca/affordable-housing-programs.aspx	1.877.644.9992 (Alberta Supports Contact Centre)	Housing options for Albertans with low income, including families, seniors, and individuals with special needs.
Rent Assistance	Alberta	www.alberta.ca/rent-assistance.aspx	1.877.644.9992 (Alberta Supports Contact Centre)	The Rent Supplement Program provides a subsidy to help make rental accommodation more affordable for individuals and families.
Southern Alberta Co-operative Housing Association (SACHA)	Alberta	www.sacha-coop.ca	1.403.233.0969 admin.sacha@shaw.ca	A housing co-op is a legal association formed for the purpose of providing homes to its members on a continuing basis. A co-op is different from other housing associations in its ownership structure and its commitment to co-operative principles. Co-op housing offers a home, not an investment.

WORKFLUENT

Housing



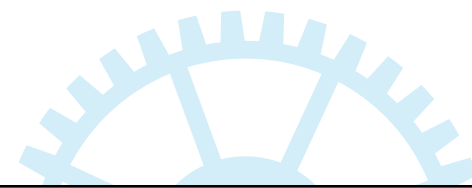
Organization	Location	Website	Contact	Description
City of Airdrie - Affordable Housing	Airdrie	www.airdrie.ca/index.cfm?serviceID=1914	N/A	City Council has recognized the need for more affordable housing options within the City to help local residents and families. Provides information on the Temporary Rental Assistance benefit, Canadian Housing benefit, Airdrie Housing Limited, Rocky View Foundation, & Alberta's Affordability Action Plan.
Airdrie Housing Limited	Airdrie	www.airdriehousing.ca	1.403.948.1200 info@airdriehousing.ca	Airdrie Housing Limited's Affordable Housing Rental Program provides rental units at below market rents to individuals and families whose annual household income qualifies and are currently paying more than 30% of the gross monthly income on rent.
Housing for All Okotokians	Okotoks	www.okotoks.ca/your-community/community-support/housing-all-okotokians	1.403.995.2773 (Family & Community Support Services)	Okotoks Town Council has made it a priority to provide more housing options in the community. The Town has taken steps to ensure more options are available for those who want to live in Okotoks. Affordable and subsidized housing options in Okotoks are administered by Westwinds Communities, a not-for-profit housing management body that works with partnering municipalities to provide safe and affordable housing opportunities and access to rent supplement programs.
Okotoko Housing Cooperative	Okotoks	www.skotokohousing.ca	1.403.938.5520	Housing co-ops are member-owned and controlled and can provide affordable alternative for people on moderate incomes. The people who live in housing co-op's are members not tenants. Co-op's are run by the members and everyone has a vote. Members elect the Board of directors, approve the annual budget and set policies. The monthly housing charges (rent) are set by the members to cover the costs of running the co-op.

WORKFLUENT

Housing



Organization	Location	Website	Contact	Description
Westwinds Communities	High River + Okotoks	www.westwindscommunities.ca	1.403.652.8600 admin@westwindscommunities.ca	Westwinds Communities, formerly known as the Foothills Foundation, is a not for profit organization that provides quality housing and supportive services for seniors, as well as subsidized housing and services for individuals and families.
Partners Development Group	Okotoks	www.partnersproperties.ca	1.403.999.6600	For over 20 years, we've been creating thoughtfully planned communities built with wellness in mind. Partners Development Group offers Drake Landing subsidized units.
Cochrane Society For Housing Options	Cochrane	www.csho.ca	1.403.851.2261 cburns@csho.ca	The Cochrane Society for Housing Options provides access to a range of affordable housing in Cochrane and surrounding area. Programs are available to any low – moderate income Cochrane and area household that may need it.
Wheatland Housing Management Body	Strathmore	www.wheatlandhousing.ca/community-housing	1.403.934.3937	Our Community Housing Program is based on eligibility, and provides subsidized rental housing for low-income families and single parents with children.



Organization	Location	Website	Contact	Description
The Calgary Food Bank	Calgary	www.calgaryfoodbank.com	1.403.253.2059 (Main Line) 1.403.253.2055 (Hamper Request Line) info@calgaryfoodbank.com	The Calgary Food Bank is the first line of emergency food support for families and individuals facing crisis. As the city's main charitable food hub and the most accessible food bank we have the capacity to serve families, individuals and organizations to fight hunger.
Calgary Inter Faith Food Bank	Calgary	www.frfp.ca/calgary-inter-faith-food-bank	1.403.253.2059 (Calgary Inter-Faith Food Bank Society) 1.403.253.2055 (Hamper Request Line)	You can access three hampers through self-referral.
Community Kitchen Program of Calgary	Calgary	www.ckpcalgary.ca	1.403.275.0258 (Main Line) 1.403.538.3779 (Good Food Box Program)	The Community Kitchen Program of Calgary operates a self-empowering model to address the needs of marginalized Calgarians. We have evolved over the years to meet the changing needs of our city, in response to our deepening awareness and understanding of the complex issues of poverty and hunger We teach participants how to prepare nutritious meals, budget their finances -- making their income stretch by preparing cost effective, healthy meals, as well as providing a means to access nutritious food.
Okotoks Food Bank	Okotoks	www.okotoksfoodbank.ca	1.403.651.6629 info@okotoksfoodbank.ca	Every day we see how hunger affects men, women, and children and how it can become an obstacle to success. Life is challenging enough, imagine facing it on an empty stomach or with the added stress of wondering how you are going to put your next meal on the table. We are here to help.
Airdrie Food Bank	Airdrie	www.airdriefoodbank.com	1.403.948.0063 info@airdriefoodbank.com	The Airdrie Food Bank is the first line of emergency food support for families and individuals facing a crisis.
Wheatland County Food Bank	Strathmore	www.wheatlandfoodbank.ca	1.403.324.4335 info@wheatlandfoodbank.com	The Wheatland County Food Bank has been helping people since 1990 and prepares about 800 hampers a year for needy people who live in Wheatland County.
Calgary Child Support Services	Alberta	www.alberta.ca/child-support.aspx	1.403.297.6060	How to apply for child support, change a court order or interjurisdictional child support, and Child Support Recalculation Program.



Organization	Location	Website	Contact	Description
Child Care Subsidy	Alberta	www.alberta.ca/child-care-subsidy.aspx	1.780.644.9992 (Alberta Supports Contact Centre) cs.childsubsidy@gov.ab.ca	Subsidies are available to offset the cost of child care for eligible families.
Finding and Choosing Child Care	Alberta	www.alberta.ca/about-child-care-in-alberta.aspx	1.844.644.5165 (Child Care Connect)	Find information and resources, and learn what to look for in a quality program when choosing child care in Alberta.
Children's Link	Calgary	www.childrenslink.ca	1.403.230.9158 info@childrenslink.ca	Children's Link is known and valued for offering resources, information, connections and hope to families and professionals in the disabilities community. Children's Link is staffed by a dedicated team, many of whom have lived experience with disability. Our resource database contains more than 1,000 community resources, enabling us to provide people with a comprehensive variety of service and support options.
Children's Choice Community Child Care Services	Calgary	http://www.childcarecalgary.com	1.403.273.6360 childrenschoice@childcarecalgary.com	We provide inclusive child care services to the community offering support to families in their desire to provide the best possible childhood experiences. Referrals to appropriate community resources and community partnerships with a child care focus are important aspects of our society.
Sonshine Family Day Homes	Calgary	www.sonshinedayhomes.ca	1.403.589.4625 dayhomes@sonshine.ca	At Sonshine Family Day Homes, we believe that all children are entitled to play, explore, learn, share and be listened to in a safe and caring environment. Sonshine Family Day Homes Educators enjoy extensive support which includes training, development opportunities, back up help, financial management and a helping hand when needed.

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Childcare Supports

Organization	Location	Website	Contact	Description
Inglewood Child Development Centre	Calgary	www.inglewoodcdc.ca	1.403.262.7695 director@inglewoodchilddevelopment.ca	We are Reggio inspired program and use the Alberta FLIGHT curriculum framework to created a inquiry based environment. Our program is child lead, with the educators planning around their interests. Through the use of natural elements and provocations the educators provide an environment that is one of a kind to the children in that class.

WORKFLUENT

Mental Health Services



Organization	Location	Website	Contact	Description
Distress Centre Calgary	Calgary	www.distresscentre.com/	1.403.266.1601 (Main Office) 1.403.266.HELP (4357) (24-Hour Crisis Line - Text or Phone) help@distresscentre.com	Distress Centre Calgary (DCC) provides 24 hour crisis support, professional counselling, youth peer support and navigation and referrals through 211 and our programs at SORCe – all at no cost. For over 50 years, Distress Centre has served Calgary and Southern Alberta, ensuring everyone has a place to turn in times of crisis.
Elements Calgary Mental Health Centre	Calgary	www.elementscmh.ca	1.403.266.8711 info@elementscmh.ca	Elements Calgary Mental Health Centre provides mental health & support services, recreation services, & education and skill development programs.
YWCA Calgary	Calgary Calgary	www.ywcalgary.ca/programs/adult-counselling www.ywcalgary.ca/programs/family-counselling	1.403.536.2844 counselling@ywcalgary.ca	<p>YW Counselling for adults provides individual and group counselling for the prevention and treatment of family violence. We help individuals develop knowledge and skills that promote healthy relationships and enhance overall wellness. The affordable and flexible fee structure is based on a sliding scale.</p> <p>YW also offers Family & Child Counselling, which is a free service. We all need support from time to time, whether we're a parent or child. YW works to create healthy family dynamics by supporting connections and helping clients develop strategies that promote mindfulness, emotion regulation, interpersonal effectiveness and resiliency. Family counselling provides a safe and supportive environment for women, men and their families to build stronger relationships and a healthy future.</p>



Organization	Location	Website	Contact	Description
Calgary Counselling Centre	Calgary	www.calgarycounselling.com	1.403.265.4980 (Main Office) 1.833.827.4229 (Register for Counselling) contactus@calgarycounselling.com	The Calgary Counselling Centre offers Individuals & Couples Counselling, Counselling for Parents & Families, as well as Counselling for Youth. In addition, the Centre offers Group Counselling Programs. We base our fees on a sliding scale according to your income. That means you pay only what you can afford.
Centre for Suicide Prevention	Calgary	www.suicideinfo.ca	403.245.3900 (Main Office) 1.833.456.4566 (24-Hour Crisis Line)	Centre for Suicide Prevention is an education centre & a branch of the Canadian Mental Health Association. We offer several workshops aimed at Intervention (ASIST, ASIST TuneUp), Prevention (e.g., How to talk about suicide, Looking Forward, Small Talk, Start), & Indigenous (Walk With Me, Little Cub, River of Life).
Carya	Calgary	www.caryacalgary.ca	1.403.269.9888 (Main Office) 1.403.205.5244 Intake@caryacalgary.ca (Counselling Intake) info@caryacalgary.ca	Carya offers Family Counselling, Older Adult Counselling, as well as Youth Programs that build a stable and responsible support network for youth as well as social and emotional skills. In addition, Carya has many free groups, such as Art of Kindness (Wellbeing), Circle of Security (Connection), Cool Kids Anxiety Management (Wellbeing), & Creative Expressions (Wellbeing).
Eastside Family Centre	Calgary	www.woodshomes.ca/programs/eastside-community-mental-health-services/	1.403.299.9699 (Call) 1.587.315.5000 (Text)	Eastside Community Mental Health Services (ECMHS) offers immediate, no-cost, mental health support from an integrated, ethnocultural team.
Kindred Connections Society	Calgary	www.kindred.ca	1.403.233.2360 (Main Office) info@kindred.ca	Our approach recognizes the interplay between three critical conditions for connection: Strong relationships between children and caregivers, Healing for and from ruptured relationships, & Capacity and confidence in relationship with self and others. Kindred offers Rapid Access Counselling, which is a single session counselling program that supports individuals, couples, and families with a 75-minute counselling appointment.

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Mental Health Services



Organization	Location	Website	Contact	Description
Hull Services	Calgary	www.hullservices.ca/our-services/self-referral-programs/therapy-and-assessment-services	1.403.207.2503 familyinitatives@hullservices.ca	Hull Services delivers 26 programs along an integrated continuum, including prevention and early intervention, family based treatment, school-based services, community group care, campus-based care and adult services.
CUPS	Calgary	www.cupscalgary.com/programs-services/health/shared-care-mental-wellness-services	1.403.221.8797	The CUPS Mental Health Clinic is for people who use CUPS Health Services and need extra support, such as Counselling services, Psychiatric assessment, & Medication support and prescriptions. These services are referral-based.
Calgary Family Therapy Centre	Calgary	www.familytherapy.org	1.403.802.1680 cftc@familytherapy.org	The therapy team includes professional therapists and interns from the fields of psychiatry, psychology, counselling, social work, and sometimes nursing. They work collaboratively with families whose children are experiencing psychological, emotional, and/or behavioral problems with the primary goal of enabling these families to develop their own methods of managing these problems more effectively. Several members of the therapy team are also involved in supervision, teaching, and research activities.
Sagesse	Calgary	www.sagesse.org	1.403.234.7337 1.587.801.7337 info@sagesse.org	At Segesse, we work on prevention, intervention, and collective impact to tackle all the systemic and societal causes that lead to domestic abuse.
OWL POD Mental Health	Online	www.owlpod.ca	1.587.317.9978 403.305.7585 Believe@owlpod.ca (Indigenous Mental Health Services) info@owlpod.ca	Owl Pod offers free virtual healthcare. A referral is needed from an individual's family doctor in order to get an appointment through Owl Pod. However, for Indigenous individuals, Owl Pod offers 20 mental health visits per year & no referral is needed.

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Mental Health Services



Organization	Location	Website	Contact	Description
Alberta Counselling Centre	Calgary	www.albertacounselling.ca	1. 587.352.3222 info@albertacounseling.ca	Alberta Counselling Centre offers Child & Adolescent Assessments, Adult Assessments, PTSD, Trauma Therapy, & EMDR, Individual Counselling, Family Therapy, & Couple / Marriage Counselling. For counselling, the ALberta Counselling Centre charges standard fees for psychological services (\$220/ 50-minute session)
Aventa - Centre of Excellence for Women with Addictions	Calgary	www.avena.org	1.403.245.9050 info@avena.org	Aventa is the leader in the Province of Alberta in providing trauma informed, gender-specific, concurrent capable, live-in addiction treatment services for women.
Health Upwardly Mobile	Calgary	www.healthupwardlymobile.net	1.403.536.2480 info@humassociates.net	Health Upwardly Mobile Inc., (HUM) is an Integrated Health and Wellness company based in Calgary, Alberta. Our team includes a variety of healthcare providers including nurses, physicians, psychologists and social workers. This is a fee-based service; \$200/ hour to to see a Registered Psychologist or Social Worker.
Insight Psychological	Calgary	www.insightpsychological.ca	1.403.252.1716 calgary@insightpsychological.ca	Insight Psychological comprises registered psychologists, registered provisional psychologists, as well as practicum student interns who offer services at reduced rates. Insight offers Individual Adult Counselling, Marriage & Couples Counselling, Family Counselling, & Children & Youth Counselling. In addition, Insight specializes in a variety of psychological assessments.
ShiftGrit Psychology & Counselling		www.shiftgrit.com	1.587.352.6463 concierge@shiftgrit.shop	Shift offers Individual, Couples, & LGBT Counselling, as well as Child Psychology. This is a fee-based service; Cost to see a Registered Psychologists is \$225 whereas the cost for a Provisional Psychologist, Certified Counsellor, & Registered Social Worker range from \$205 - \$220.

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Mental Health Services



Organization	Location	Website	Contact	Description
Cochrane Counselling Centre	Cochrane	www.cochranecounsellingcentre.ca	1.587.441.3902 hello@cochranecounsellingcentre.ca	Cochrane Counselling Centre is a team of experienced therapists dedicated to helping people of all ages overcome life's struggles. Our mission is to use the best ideas from all forms of psychotherapy to bring out people's inner strength, to support them in overcoming fears and in building a full and meaningful life filled with joy and purpose. This is a fee based service, with hourly cost of either \$200 or \$220.
Cochrane Community Health Centre	Cochrane	https://www.albertahealthservices.ca/findhealth/facility.aspx?id=1493	1.403.851.6100	Provides programs and services for people experiencing mental health issues. Offers short-term Mental Health Counselling (1 to 10 sessions) that include: Assessing, Treating and follow up, providing information, & Referring people to other mental wellness services.
Wheatland County Counselling	Strathmore	www.wheatlandcountycounselling.com	1.403.901.3761 admin@wheatlandcountycounselling.com	The team at Wheatland County Counselling offers a full range of counselling, assessment and trauma intervention services for children, adolescents, adults, couples and families. This is a fee-based service; cost varies based on the qualifications of the therapist.
Community Links	Airdrie	www.mycommunitylinks.ca/counselling	1.403.945.3900 intake@nrvc.ab.ca	Community Links provides counselling to individuals, couples, families, youth and children with a variety of therapeutic workshops and groups. Fees for counselling are based on a sliding scale. No-one is refused services due to financial reasons.
Restored Wellness	Airdrie	www.restoredwellness.ca	1.403.266.9226	Counselling provided by Restored Wellness includes Individual Counselling, Couples Counselling, Psycho-Educational Assessments, & EMDR Therapy. Counsellors are able to provide services on a sliding fee scale.

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Mental Health Services



Organization	Location	Website	Contact	Description
Grit Psychology Inc	Calgary, Airdrie + Red Deer	www.gritpsychology.com	1.403.588.7639 info@gritpsychology.com	Some people seek mental health counselling in order to overcome a difficult past, while others may want to develop better coping skills, improve their relationship, or simply to be more mindful. Our team of therapists are trained to help you get through tough times, improve yourself and provide you with valuable skills to help you navigate life's challenges. A sliding scale is available.
Refresh Counselling	Calgary	www.refreshcounselling.ca	1.403.991.7335	Refresh Counselling is a team of skilled and caring psychologists who are committed to providing quality mental health resources in Calgary and virtually across Alberta. We are passionate about helping people gain insight and a deeper understanding of self. We create a safe haven for our clients to explore personal obstacles, confront hurts, and process their feelings. A sliding scale is available.
Community Addiction and Mental Health Services - Rural (Airdrie)	Airdrie	www.albertahealthservices.ca/findhealth/	1.403.948.3878	Provides assessment, treatment and follow up to individuals experiencing moderate to severe addiction and mental health concerns.
Okotoks Health and Wellness Centre	Okotoks	www.albertahealthservices.ca/findhealth/	1.403.995.2600	This service offers mental health assessment and single session therapy. Urgent mental health conditions may include depression, anxiety, thoughts of suicide or harming oneself, overwhelming stress, & addictions.
Community Addiction and Mental Health Services - Rural (Okotoks)	Okotoks	www.albertahealthservices.ca/findhealth/	1.403.995.2712	Community Addiction and Mental Health Services provide assessment, treatment and follow up to individuals experiencing moderate to severe addiction and mental health concerns. Works across the lifespan, clinicians work with individuals and families to identify goals of treatment as they relate to Addiction and Mental Health concerns.



Organization	Location	Website	Contact	Description
Access Mental Health - Calgary Zone & Area	Calgary	www.albertahealthservices.ca/findhealth/	1.403.943.1500	Provides information, consultation and referral to individuals residing in the Calgary zone who have addiction and/or mental health concerns. Access Mental Health is a non-urgent service providing information, consultation, and referrals for individuals with addiction and / or mental health concerns. Mental Health Clinicians complete a clinical interview over the telephone to assess the individuals' needs. Mental Health Clinicians are familiar with both Alberta Health Services and community-based programs and will explore all options in order to refer individuals to the most appropriate resources.
Affordable Therapy Network	Across Canada	www.affordabletherapynetwork.com	admin@affordabletherapynetwork.com	The Affordable Therapy Network helps bridge a gap in Mental Health Care accessibility. That is, it is an initiative to serve the needs of an overwhelmingly large population of people who would benefit from therapeutic support, but can't afford it. Offers low-cost & sliding scale rates for counselling services.
Primary Care Network Mosaic	Calgary	www.mosaicpcn.ca	1.403.569.4875 (Mosaic International Community Clinic) 1.403.250.5066 (Mosaic Medical Clinic) 1.403.569.7251 (Mosaic Refugee Health Clinic) 1.403.276.1555 (Mosaic Sunridge Community Clinic) 1.403.569.7252 (Mosaic Temple Community Clinic) 1.587.353.7611 (Mosaic Westwinds Community Clinic)	Mosaic PCN offers free access to mental health therapists who provide short-term (6 sessions) support to those concerned about their mental, emotional, and physical well being. Mosaic PCN addresses depression, anxiety, stress management, grief & loss, PTSD, relationships and communication issues, self-harm, & domestic violence. We offer one-on-one counselling and group classes with evening and telephone appointments available.

Additional Government Services

Organization	Location	Website	Description
Education & Training	Alberta	www.alberta.ca/education-training.aspx	K to 12 and post-secondary education, adult learning, career planning, and student financial assistance, records, diplomas and transcripts.
Adult Learning	Alberta	www.alberta.ca/adult-learning.aspx	Supports for adult learners including English as a second language, adult literacy programs and continuing education.
Apprenticeship & Industry Training	Alberta	www.alberta.ca/apprenticeship-industry-training.aspx	How to become an apprentice, transfer prior learning, get funding, and access your MyTradesecrets account.
Financial Assistance for Students, Teachers, & Organizations	Alberta	www.alberta.ca/post-secondary-student-financial-aid.aspx	Loans, grants, bursaries, scholarships, awards and other educational funding.
Finishing High School & Academic Upgrading	Alberta	www.alberta.ca/finishing-high-school-and-academic-upgrading.aspx	"Diplomas, credentials and other requirements for high school graduation and options for upgrading.
Kindergarten to Grade 12 Education	Alberta	www.alberta.ca/k-12-education.aspx	Curriculum and programs of study, provincial assessment, and other education supports for K to 12 students and educators.
Post-Secondary Education	Alberta	www.alberta.ca/post-secondary.aspx	Post-secondary institutions, programs and admissions, and studying abroad and international student programs.
Student Information & High School Transcripts	Alberta	www.alberta.ca/student-information-high-school-transcripts.aspx	Use myPass to order Alberta High School Transcripts and Diplomas, view Detailed Academic Reports (DARs) and more.
Family & Social Supports	Alberta	www.alberta.ca/family-social-caregiver-supports.aspx	Financial assistance and services for seniors, children, people with disabilities, and individuals and families in crisis.
Affordable Housing	Alberta	www.alberta.ca/affordable-housing.aspx	Housing options and rent assistance for Albertans in need, and supports for housing providers and municipalities.

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RESOURCE LIST



Organization	Location	Website	Description
Alberta Income Support	Alberta	www.alberta.ca/alberta-income-support.aspx	Child and adult health benefits, Alberta Child Benefit, child care subsidy, income support and other financial assistance.
Alberta Supports	Alberta	www.alberta.ca/alberta-supports.aspx	Helping you find and apply for family and social supports.
Children & Families	Alberta	www.alberta.ca/children-families.aspx	Adoption, child care, parenting, guardianship, foster and kinship care, and other family supports.
Crisis Supports	Alberta	www.alberta.ca/individual-family-crisis.aspx	Help for individuals, families and children affected by or at risk of family violence, bullying, abuse, exploitation or homelessness.
Homelessness Supports	Alberta	www.alberta.ca/homelessness.aspx	Find a shelter, emergency financial assistance and other supports.
People in Care	Alberta	www.alberta.ca/people-care.aspx	Information for caregivers that are supporting family members who are no longer able to care for themselves.
People with Disabilities	Alberta	www.alberta.ca/disability-supports.aspx	Financial support and assistance, health benefits, service dogs, daily living and housing supports.
Report Suspected Fraud of Social Services Programs	Alberta	www.alberta.ca/report-suspected-fraud-of-social-services-programs.aspx	Report fraudulent behaviour or abuse of funds in Seniors, Community and Social Services programs and services.
Seniors	Alberta	www.alberta.ca/senior-supports.aspx	Financial assistance and other supports for seniors, caregivers and service providers.
Women's Hub	Alberta	www.alberta.ca/womens-hub.aspx	Supports to help grow your career, access health services, respond to gender-based violence and participate in your community.
Housing & Community	Alberta	www.alberta.ca/community-housing-property.aspx	Explore Alberta's municipalities, community supports, and information for owning or renting a home in Alberta.
Housing & Property	Alberta	www.alberta.ca/housing-property.aspx	Affordable housing, property rights, titles and ownership, and building and renovating resources.

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RESOURCE LIST



Organization	Location	Website	Description
Residential Tenancies	Alberta	www.alberta.ca/residential-tenancies.aspx	Rights and responsibilities for landlords and tenants, and how to resolve disputes.
Jobs & Employment	Alberta	www.alberta.ca/jobs-and-employment.aspx	Alberta jobs, employment standards, OHS, and other services and supports for workers and employers.
Find a Job	Alberta	www.alberta.ca/find-a-job.aspx	Find Government of Alberta jobs, job postings outside of government, and resources for job seekers.
Labour Market Information	Alberta	www.alberta.ca/labour-market-information.aspx	Wage and salary information and job market forecasts, trends, statistics and profiles.
Supports for Employees & Job Seekers	Alberta	www.alberta.ca/employment-supports.aspx	Services and supports for employees, workers and job seekers, including the Veterans Service Centre.
Certification & Accreditation	Alberta	www.alberta.ca/employment-certification.aspx	Labour mobility, qualifications and certification for trades and professions, and IQAS.
Labour Relations	Alberta	www.alberta.ca/labour-relations.aspx	Labour Relations Code, legislation, mediation services, publications and collective bargaining agreements.
Employment Standards	Alberta	www.alberta.ca/employment-standards.aspx	Rules, regulations and compliance measures for employers and employees in Alberta workplaces.
Occupational Health & Safety (OHS)	Alberta	www.alberta.ca/occupational-health-safety.aspx	Preventing work-related injuries, illnesses and fatalities by working with employers and workers.
Training for Work	Alberta	www.alberta.ca/training-for-work.aspx	Canada-Alberta Job Grant, training and employment services, apprenticeship and industry training, post-secondary education and more.